



	Plts	Bib	Naam	Cat	Pl.Cat	5km	#	2.5km	#	km/u	Tijd
	1.	190	Toon Daniels	M18	1	06:47.8	2	03:01.9	1	45.7	09:49.8
	2.	191	Stefan Van Aelst	M18	2	06:44.8	1	03:06.9	3	45.6	+2.03
	3.	183	Viktor Van den branden	M18	3	06:50.0	3	03:06.7	2	45.2	+7.02
	4.	146	Josse Ooms	M18	4	06:55.7	4	03:09.3	4	44.6	+15.25
	5.	180	Maurice Ivens	M18	5	06:57.4	5	03:15.8	7	44.0	+23.43
	6.	39	Van Steen Jarne	M18	6	07:07.0	9	03:10.2	5	43.7	+27.52
	7.	189	Jan De Henau	M18	7	07:06.8	8	03:16.3	8	43.3	+33.36
	8.	16	Mathias Rommes	J	1	07:09.4	10	03:15.4	6	43.2	+35.16
	9.	179	Brent Gebruers	M18	8	07:05.6	7	03:22.0	11	43.0	+37.90
	10.	92	Bart Claus	M18	9	07:05.6	6	03:25.0	16	42.8	+40.83
	11.	43	Cisse Sebrechts	M18	10	07:16.7	11	03:21.2	10	42.3	+48.17
	12.	130	Yenne Nolf	M18	11	07:18.9	14	03:23.8	14	42.0	+52.99
	13.	70	Jef De Feyter	M18	12	07:17.3	12	03:27.8	23	41.8	+55.40
	14.	17	Rune Segers	J	2	07:19.4	15	03:25.9	19	41.8	+55.63
	15.	100	Simon Deroo	M18	13	07:32.0	24	03:20.9	9	41.3	+1:03.15
	16.	83	Maarten Dewachter	M18	14	07:27.7	17	03:25.5	18	41.3	+1:03.48
	17.	126	Wannes Nachtegaele	M18	15	07:23.6	16	03:29.7	25	41.3	+1:03.65
	18.	78	Wouter Docx	M18	16	07:28.9	21	03:24.7	15	41.3	+1:03.86
	19.	155	Jeroen Taeymans	M45	1	07:28.8	20	03:25.0	17	41.2	+1:04.15
	20.	10	Stef Hermans	J	3	07:34.2	25	03:22.2	12	41.1	+1:06.70
	21.	148	Emiel Thijs	M18	17	07:28.6	18	03:28.6	24	41.0	+1:07.42
	22.	167	Tom Vermeiren	M18	18	07:17.9	13	03:39.4	41	41.0	+1:07.61
	23.	48	Seppe Van Damme	M18	19	07:34.6	26	03:26.4	20	40.8	+1:11.27
	24.	57	Robbe Elsas	M18	20	07:31.5	23	03:30.8	26	40.7	+1:12.63
	25.	136	Brent Michiels-Stevens	M18	21	07:28.6	19	03:34.4	32	40.7	+1:13.29
	26.	170	Philippe Sanders	M18	22	07:39.5	29	03:27.8	22	40.4	+1:17.59
	27.	123	Bram Moordtgat	M18	23	07:29.7	22	03:39.1	39	40.3	+1:19.12
	28.	147	Wiebe Snijders	M18	24	07:47.9	37	03:22.6	13	40.2	+1:20.79
	29.	138	jef bertels	M18	25	07:38.4	27	03:33.4	30	40.1	+1:22.08
	30.	72	Kristof Met	M18	26	07:38.7	28	03:33.1	29	40.1	+1:22.08
	31.	68	Maarten Longueville	M18	27	07:45.7	34	03:27.0	21	40.1	+1:22.98
	32.	129	Siemen Gurny	M18	28	07:42.7	30	03:32.7	27	39.9	+1:25.67
	33.	30	Janou Lageuse	M18	29	07:44.5	32	03:35.2	34	39.7	+1:29.92
	34.	152	Dennis Ruts	M18	30	07:46.4	35	03:34.2	31	39.6	+1:30.85
	35.	153	Michiel De Schryver	M18	31	07:43.5	31	03:38.7	38	39.5	+1:32.46
	36.	127	Vincent Dingenen	M18	32	07:49.3	39	03:32.9	28	39.5	+1:32.48
	37.	125	Werner Jacobs	M45	2	07:44.8	33	03:38.2	37	39.5	+1:33.34
	38.	131	Dries Scharpé	M18	33	07:46.9	36	03:39.2	40	39.3	+1:36.47
	39.	121	Mathias Hermans	M18	34	07:49.7	40	03:36.6	36	39.3	+1:36.64
	40.	79	Gerrit Geefs	M18	35	07:52.6	45	03:35.5	35	39.2	+1:38.39
	41.	60	Sam Leyssens	M18	36	07:48.9	38	03:40.1	45	39.1	+1:39.33
	42.	174	Hans Van Roey	M18	37	07:55.4	47	03:34.8	33	39.1	+1:40.47
	43.	142	Cas Van den Berg	M18	38	07:50.5	42	03:39.9	43	39.1	+1:40.72
	44.	69	Jan Vanmechelen	M18	39	07:50.4	41	03:41.7	49	39.0	+1:42.39
	45.	95	Bart Van Dijck	M45	3	07:51.5	43	03:41.8	50	38.9	+1:43.56
	46.	71	Niels Heuten	M18	40	07:51.5	44	03:41.8	51	38.9	+1:43.66
	47.	93	Thomas Van Kerkhoven	M18	41	07:53.4	46	03:40.3	47	38.9	+1:43.99
	48.	65	Nicola Buydens	M18	42	07:57.0	50	03:42.2	53	38.6	+1:49.49
	49.	82	Tom Maes	M18	43	07:56.1	48	03:44.4	59	38.5	+1:50.76
	50.	42	Elden Willems	M18	44	07:56.8	49	03:44.1	58	38.5	+1:51.15
	51.	56	Jorne Van Hool	M18	45	08:01.9	55	03:40.8	48	38.4	+1:52.99
	52.	4	darco meeus	J	4	08:03.8	56	03:40.0	44	38.3	+1:54.02

	Plts	Bib	Naam	Cat	Pl.Cat	5km	#	2.5km	#	km/u	Tijd
	53.	89	Mark Van Gorp	M45	4	07:57.7	51	03:46.1	66	38.3	+1:54.07
	54.	163	Wouter Keersmaekers	M45	5	08:01.5	54	03:43.0	55	38.3	+1:54.77
	55.	169	Philip Vermeulen	M45	6	08:05.4	59	03:39.5	42	38.2	+1:55.20
	56.	188	christophe Heinix	M45	7	08:04.3	57	03:45.0	61	38.0	+1:59.59
	57.	161	Raf Van Herck	M45	8	08:09.1	65	03:42.1	52	37.9	+2:01.55
	58.	44	Lowie Nauwelaers	M18	46	08:09.0	64	03:43.8	56	37.8	+2:03.07
	59.	96	Maarten Noels	M18	47	08:01.0	52	03:52.1	84	37.8	+2:03.38
	60.	154	Pieter Parez	M18	48	08:04.8	58	03:48.5	72	37.8	+2:03.61
	61.	151	Wim Vercammen	M18	49	08:07.9	63	03:45.9	64	37.8	+2:04.07
	62.	164	Erik Erik Van Der Velden	M45	9	08:07.3	60	03:46.5	68	37.8	+2:04.16
	63.	122	Rudi Domen	M45	10	08:10.1	66	03:43.8	57	37.8	+2:04.24
	64.	47	Bert Pittoors	M18	50	08:13.0	73	03:42.9	54	37.7	+2:06.24
	65.	86	Lode Merckx	M18	51	08:10.3	67	03:45.9	65	37.6	+2:06.58
	66.	91	Lennart De Schryver	M18	52	08:17.0	80	03:40.1	46	37.6	+2:07.44
	67.	182	Peter Dierks	M45	11	08:07.8	62	03:51.0	80	37.5	+2:09.15
	68.	45	Louis Schockaert	M18	53	08:10.5	68	03:49.5	73	37.4	+2:10.33
	69.	168	Ronald Vanhamme	M45	12	08:07.7	61	03:52.3	85	37.4	+2:10.37
	70.	162	Wouter Rymen	M45	13	08:15.1	78	03:45.5	62	37.4	+2:10.86
	71.	186	Kevin Daems	M18	54	08:13.9	75	03:47.3	70	37.4	+2:11.53
	72.	49	Bert Sebrechts	M18	55	08:11.5	70	03:51.2	82	37.3	+2:12.94
	73.	76	Tom Verdonck	M18	56	08:17.9	84	03:45.7	63	37.3	+2:13.93
	74.	133	Dieter Vercammen	M18	57	08:17.3	82	03:47.0	69	37.2	+2:14.55
	75.	81	Jonas Helsen	M18	58	08:14.6	77	03:50.1	76	37.2	+2:14.98
	76.	178	Guy Van der Eecken	M45	14	08:20.6	87	03:44.5	60	37.2	+2:15.30
	77.	144	Sven Van der Smissen	M18	59	08:15.1	79	03:49.9	75	37.2	+2:15.35
	78.	12	Nils Van den Driessche	J	5	08:12.2	72	03:53.5	88	37.1	+2:16.05
	79.	50	Lukas De Maeyer	M18	60	08:11.5	69	03:54.3	90	37.1	+2:16.05
	80.	160	Glenn Balemans	M45	15	08:17.3	83	03:48.5	71	37.1	+2:16.13
	81.	171	Gert Wagemans	M45	16	08:20.9	88	03:46.4	67	37.1	+2:17.64
	82.	143	Guillaume Watelet	M18	61	08:13.9	74	03:55.2	94	37.0	+2:19.39
	83.	166	Patrick Van Camp	M45	17	08:18.5	85	03:52.0	83	36.9	+2:20.82
	84.	46	Sander Keersmaekers	M18	62	08:14.3	76	03:57.3	99	36.8	+2:21.92
	85.	172	Koen Renier	M45	18	08:17.0	81	03:55.1	93	36.8	+2:22.41
	86.	99	Thomas Lagrange	M18	63	08:11.8	71	04:00.4	109	36.8	+2:22.56
	87.	53	De voegt Joren	M18	64	08:18.7	86	03:54.7	92	36.8	+2:23.68
	88.	149	Koen Domen	M45	19	08:25.6	93	03:49.9	74	36.7	+2:25.79
	89.	185	Luc Bomans	M45	20	08:21.5	90	03:54.1	89	36.7	+2:25.86
	90.	73	Yannick leclercq	M18	65	08:25.5	92	03:51.2	81	36.6	+2:26.93
	91.	134	Michiel De Beukeleer	M18	66	08:25.3	91	03:53.2	86	36.5	+2:28.73
	92.	66	Maarten Van Ree	M18	67	08:26.4	94	03:53.4	87	36.4	+2:30.11
	93.	85	Maarten Kindt	M18	68	08:21.4	89	03:59.6	107	36.4	+2:31.31
	94.	67	Tobias De Vries	M18	69	08:31.8	96	03:50.2	77	36.3	+2:32.28
	95.	173	Erwin Gobbaert	M45	21	08:34.1	100	03:50.8	79	36.2	+2:35.25
	96.	59	Dries Van Hecke	M18	70	08:30.5	95	03:54.6	91	36.2	+2:35.33
	97.	75	Erik Avonts	M45	22	08:32.0	98	03:56.4	96	36.0	+2:38.73
	98.	192	Sooi Ferket	J	6	08:31.8	97	03:57.6	102	36.0	+2:39.70
	99.	37	Daan Hasker	M18	71	08:32.9	99	03:59.0	105	35.9	+2:42.15
	100.	124	Frederik Van brabant	M18	72	08:34.6	102	04:00.7	110	35.7	+2:45.55
	101.	98	Erwin Nys	M45	23	08:38.2	104	03:57.5	101	35.7	+2:46.00
	102.	88	Maarten Bernaerts	M18	73	08:34.3	101	04:01.7	114	35.7	+2:46.36
	103.	140	Michiel Gabriëls	M18	74	08:42.8	109	03:55.3	95	35.6	+2:48.41
	104.	19	Mae Lang	V	1	08:41.0	107	03:57.4	100	35.5	+2:48.65
	105.	176	Yves Ferket	M45	24	08:49.8	117	03:50.7	78	35.4	+2:50.79
	106.	181	Frank Zaman	M45	25	08:44.2	110	03:57.2	98	35.4	+2:51.68
	107.	55	Michiel Segers	M18	75	08:42.7	108	03:58.9	104	35.4	+2:51.88

	Plts	Bib	Naam	Cat	Pl.Cat	5km	#	2.5km	#	km/u	Tijd
	108.	135	Stefan Dieltjens	M45	26	08:38.7	105	04:02.9	116	35.4	+2:51.94
	109.	187	Stephan De Schutter	M45	27	08:38.8	106	04:03.8	118	35.3	+2:52.92
	110.	158	Jürgen Collier	M45	28	08:45.6	114	03:58.2	103	35.3	+2:54.15
	111.	23	Ilse Vandenhouwe	V	2	08:37.7	103	04:08.2	125	35.2	+2:56.28
	112.	18	Bo Sterckx	V	3	08:45.1	113	04:01.0	111	35.2	+2:56.45
	113.	132	Toon Somers	M18	76	08:45.0	112	04:03.0	117	35.1	+2:58.26
	114.	90	Kobe Van Nylen	M18	77	08:52.5	120	03:56.6	97	35.1	+2:59.39
	115.	97	manuel vandenbulck	M45	29	08:49.0	116	04:00.4	108	35.0	+2:59.68
	116.	141	Seppe Lauwers	M18	78	08:44.7	111	04:05.2	120	35.0	+3:00.15
	117.	63	Koen Moyson	M45	30	08:52.6	121	03:59.1	106	34.9	+3:02.01
	118.	159	Karl Leysen	M45	31	08:47.7	115	04:07.7	124	34.8	+3:05.63
	119.	41	Rob Moyson	M18	79	08:55.6	126	04:01.3	113	34.7	+3:07.14
	120.	35	Tarik Lens	M18	80	08:55.5	125	04:01.8	115	34.7	+3:07.66
	121.	26	Karine Marien	V	4	08:53.0	122	04:05.4	121	34.6	+3:08.68
	122.	156	Stefan Vanstraelen	M45	32	08:51.5	119	04:07.3	123	34.6	+3:09.13
	123.	58	Jente De Voegt	M18	81	08:53.9	123	04:06.9	122	34.5	+3:11.11
	124.	74	Berten Van Hecke	M45	33	08:51.3	118	04:10.0	127	34.5	+3:11.58
	125.	139	Vic Kints	M45	34	09:03.5	129	04:01.3	112	34.4	+3:15.03
	126.	137	Marc Naenen	M45	35	08:59.8	127	04:05.2	119	34.3	+3:15.29
	127.	36	Nick Hendrickx	M18	82	08:55.4	124	04:11.1	131	34.3	+3:16.85
	128.	177	Geert Wijnants	M45	36	09:00.4	128	04:09.5	126	34.1	+3:20.23
	129.	145	Erik Dehaen	M45	37	09:04.0	130	04:10.1	128	33.9	+3:24.33
	130.	94	Bruno Beels	M45	38	09:07.2	131	04:15.8	133	33.6	+3:33.30
	131.	175	Jan Verhasselt	M45	39	09:14.9	134	04:10.9	130	33.5	+3:36.13
	132.	20	Sophie Montulet	V	5	09:16.0	136	04:10.7	129	33.4	+3:36.99
	133.	22	Charlotte Vanderbeken	V	6	09:10.6	133	04:16.3	135	33.4	+3:37.21
	134.	31	Emiel Van Linden	M18	83	09:07.2	132	04:20.0	137	33.4	+3:37.44
	135.	40	Zeger Van Zundert	M18	84	09:16.9	137	04:12.7	132	33.3	+3:39.95
	136.	24	Faeza Belhadj	V	7	09:19.0	138	04:16.1	134	33.1	+3:45.40
	137.	2	Nand Asselberghs	J	7	09:15.0	135	04:23.4	139	32.9	+3:48.70
	138.	9	OLIVIA-LENA Leysen	J	8	09:32.3	140	04:19.4	136	32.4	+4:01.99
	139.	184	Frank Bell	M45	40	09:20.3	139	04:35.3	141	32.3	+4:05.87
	140.	8	Maxim Robard	J	9	09:34.3	141	04:21.6	138	32.2	+4:06.13
	141.	27	Nathalie Van de Vyver	V	8	09:40.9	142	04:32.9	140	31.6	+4:24.10
	142.	84	Walter De Backer	M45	41	10:07.1	143	04:39.1	142	30.4	+4:56.46
	143.	5	Brent Van der Smissen	J	10	10:11.1	144	04:44.4	144	30.1	+5:05.82
	144.	25	Nathalie Rammeloo	V	9	10:36.8	146	04:43.6	143	29.3	+5:30.68
	145.	3	Sander Docx	J	11	10:34.3	145	05:01.3	145	28.8	+5:45.90
	146.	1	Mathijs Docx	J	12	11:02.1	147	05:16.8	146	27.5	+6:29.11
	DNF	52	Lukas Janssen	M18	-1	08:01.3	53		-1	0.0	DNF
	DNS	28	Pieter Bisschops	M18	-1		-1		-1	0.0	DNS
	DNS	29	Sam Dara	M18	-1		-1		-1	0.0	DNS
	DNS	64	Zigi Arras	M18	-1		-1		-1	0.0	DNS
	DNS	80	Dieter Schulpen	M18	-1		-1		-1	0.0	DNS
	DNS	128	Ralph Fonteyne	M18	-1		-1		-1	0.0	DNS

Aantal deelnemers: 152